



Trust Careers Education – SoW 2022-23

Year	Term	Lesson Title	Careers Day
Year 7 Lesson 1	2	Login and set up Unifrog profile	STEAM Day
Year 7 Lesson 2	2	Exploring my future and understanding employability skills. My career as a journey. Being a lifelong learner.	STEAM Day
Year 7 Lesson 3	2	Careers library treasure hunt	STEAM Day
Year 7 Lesson 4	2	STEAM subjects and signposting LMI, Girls in STEAM	STEAM Day
Year 7 Lesson 5	2	Enterprise Challenge	STEAM Day
Year 7 Lesson 6	2	Enterprise Challenge	STEAM Day
Year 7 Lesson 7	2	Enterprise Challenge Presentations	STEAM Day
Year 7 Lesson 8	5	Looking ahead (transition points) - what does my pathway look like?	STEAM Day
Year 7 Lesson 9	5	Introduction to 'Who is my Inspiration?'	STEAM Day
Year 7 Lesson 10	5	Research/preparation lesson	STEAM Day
Year 7 Lesson 11	5	Research/preparation lesson	STEAM Day
Year 7 Lesson 12	5	Share presentations	STEAM Day
Year 8 Lesson 1	1	Log in and set up Unifrog profile	Vision My Future
Year 8 Lesson 2	1	Challenging career stereotypes	Vision My Future



Year 8 Lesson 3	1	What is <subject> and how it could fit into your career (workplace skills you will learn in <subject> and ways your <subject> know-how will help you at work	Vision My Future
Year 8 Lesson 4	1	Choosing GCSE options and exploring pathways	Vision My Future
Year 8 Lesson 5	1	Enterprise Challenge	Vision My Future
Year 8 Lesson 6	1	Enterprise Challenge	Vision My Future
Year 8 Lesson 7	1	Enterprise Challenge Presentations	Vision My Future
Year 8 Lesson 8	5	Developing independence	Vision My Future
Year 8 Lesson 9	5	Developing resilience	Vision My Future
Year 8 Lesson 10	5	Developing self-belief and confidence	Vision My Future
Year 8 Lesson 11	5	Developing target and goal setting	Vision My Future
Year 8 Lesson 12	5	Developing visioning	Vision My Future
Year 9 Lesson 1	2	Log in and set up Unifrog profile	Careers Inspiration Day
Year 9 Lesson 2	2	Celebrating a diverse workplace	Careers Inspiration Day
Year 9 Lesson 3	2	Unlocking industries and employer spotlights	Careers Inspiration Day
Year 9 Lesson 4	2	Becoming model employees, building a portfolio, how can my hobbies and interests outside school help me prepare for the workplace?	Careers Inspiration Day
Year 9 Lesson 5	2	I did not know that was a job!	Careers Inspiration Day
Year 9 Lesson 6	2	Careers related to Digital Transformation	Careers Inspiration Day



Year 9 Lesson 7	2	Careers related to the Green Economy	Careers Inspiration Day
Year 9 Lesson 8	5	Enterprise Challenge	Careers Inspiration Day
Year 9 Lesson 9	5	Enterprise Challenge	Careers Inspiration Day
Year 9 Lesson 10	5	Enterprise Challenge Presentations	Careers Inspiration Day
Year 9 Lesson 11	5	Celebrating alumni	Careers Inspiration Day
Year 9 Lesson 12	5	Careers Inspiration Day preparation - knowing your sector	Careers Inspiration Day
Year 10 Lesson 1	4	Log in and set up Unifrog profile	Work Experience
Year 10 Lesson 2	4	The recruitment process - introduction (as completed in more depth in Year 11)	Work Experience
Year 10 Lesson 3	4	How can I stand out?	Work Experience
Year 10 Lesson 4	4	Dress to impress	Work Experience
Year 10 Lesson 5	4	Enterprise Challenge	Work Experience
Year 10 Lesson 6	4	Enterprise Challenge	Work Experience
Year 10 Lesson 7	5	Pathway 1 - Sixth Forms	Work Experience
Year 10 Lesson 8	5	Pathway 2 - FE Colleges	Work Experience
Year 10 Lesson 9	5	Pathway 3 - Apprenticeships	Work Experience
Year 10 Lesson 10	5	Pathway 4 - Traineeships	Work Experience
Year 10 Lesson 11	5	Reflection, action planning, Exploring next steps	Work Experience



Year 10 Lesson 12	5	Preparing for Work Experience Week - Personal Preparation.	Work Experience
Year 11 Lesson 1	1	Log in and set up Unifrog profile	Careers Interview Mock employer-led interview
Year 11 Lesson 2	1	Making post-16 choices. Back up options - don't just apply for one. Follow through with applications - process. How do you learn / how do you prefer to be assessed?	Careers Interview Mock employer-led interview
Year 11 Lesson 3	1	Computer room searching options	Careers Interview Mock employer-led interview
Year 11 Lesson 4	1	Mock employer interview preparation - soft skills, reading the job description	Careers Interview Mock employer-led interview
Year 11 Lesson 5	1	Enterprise Challenge (Barclays Life Skills)	Careers Interview Mock employer-led interview
Year 11 Lesson 6	1	Enterprise Challenge (Barclays Life Skills)	Careers Interview Mock employer-led interview
Year 11 Lesson 7	1	Enterprise Challenge Presentations	Careers Interview Mock employer-led interview
Year 11 Lesson 8	2	Creating a CV and covering letter	Careers Interview Mock employer-led interview
Year 11 Lesson 9	2	What is an interview, understanding the recruitment and selection process	Careers Interview Mock employer-led interview
Year 11 Lesson 10	2	The importance of studying the job description and researching the company	Careers Interview Mock employer-led interview
Year 11 Lesson 11	2	The importance of self-awareness and matching your strengths and skills to the job description	Careers Interview Mock employer-led interview
Year 11 Lesson 12	2	Preparing for common and difficult interview questions, developing interpersonal skills and interview etiquette	Careers Interview Mock employer-led interview
Year 12 Lesson 1	3	Login and set up Unifrog profile	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 2	3	The Global Market Place, LMI, variety of opportunities, Career as a journey - not always linear	Future Pathways Day Work Experience Careers Interview



Year 12 Lesson 3	3	Pathways 1 - Apprenticeships, how to search, when to search	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 4	3	Pathways 2 – University/UCAS	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 5	3	Pathways 3 - Employment - home part, freelance etc flexi, hybrid	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 6	3	Pathways 4 - Gap Year: Options, companies, volunteering, opportunities, planning a gap year, pros and cons, safety	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 7	4	Employment skills - general & then what different sectors are looking for? How can I evidence these? Competencies	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 8	4	Personal Branding - what sets me apart from others? & Online brand. LinkedIn	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 9	4	CV, referees, references - writing the CV	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 10	4	Acing the interview	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 11	4	Enterprise Challenge	Future Pathways Day Work Experience Careers Interview
Year 12 Lesson 12	4	Enterprise Challenge	Future Pathways Day Work Experience Careers Interview
Year 13 Lesson 1	1	Log in and set up Unifrog profile	Work Experience



Year 13 Lesson 2	1	Application session: how to apply, what do you need to put into these? What are your plans & priorities for the year ahead for you? Creating an action plan and checklist - how are you going to achieve this?	Work Experience
Year 13 Lesson 3	1	CV, referees, references - review & opportunity to work on these - review from Year 12	Work Experience
Year 13 Lesson 4	1	Acing the interview, dress to impress, scenarios, role plays, group interviews - review from Year 12	Work Experience
Year 13 Lesson 5	1	Assessment centre	Work Experience
Year 13 Lesson 6	1	Independent research / applications	Work Experience
Year 13 Lesson 7	1	Independent research / applications	Work Experience